



Elkhart County Health Department: Health Education **Attention:** Araceli Rivas **Address:** 608 Oakland Ave. Elkhart, IN 46516
Phone: 523-2116 **Email:** arivas@elkhartcounty.com **Fax:** 523-2158

School/Organization Name: _____ Contact Person: _____

Phone: _____ Email: _____

Forms due for Fall: Friday, October 26, 2018

Forms due for Spring: Friday, March 1, 2019

Please indicate program(s) needed for each grade. We want to work with your schedules. Please attach a list of possible dates and times programs may take place.

Program Title	Grade(s)	Length	Grade(s)	Number of Sessions Requested	Students per Session	Fall Aug. – Dec	Spring Jan. - May.
Healthy Heart	K	30 minutes					
Healthy Heart – Exercise	Grade 1	30 minutes					
Healthy Heart – Nutrition	Grade 2	35 minutes					
Healthy Lifestyle	Grades 4-12	45 minutes					
Home Alone	Grades 3-5	45 minutes					
Pedestrian / Wheel Safety	Grades K-5	30 minutes					
Emergency Preparedness	Grades 3-5	45 minutes					
Poison Safety	Grades K-2	30 minutes					
Personal Hygiene	Grades 4-12	45 minutes					
Puberty/Growth & Development	Grades 4-7	45 minutes					
Sexually Transmitted Infections and Sexual Consequences	Grades 5-8	45 minutes					
Healthy Relationships	Grades 5-12	45 minutes					
Stress Management	Grades 5-12	45 minutes					
The TRUTH about Alcohol and other Drugs	Grades 5-12	45 minutes					
The TRUTH about Tobacco, Electronic Cigarettes & Vaping	Grades 5-12	45 minutes					