



**Elkhart County Health Department:** Health Education    **Attention:** Araceli Rivas    **Address:** 608 Oakland Ave. Elkhart, IN 46516  
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School/Organization Name: \_\_\_\_\_ Contact Person: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Spring program requests due: Friday, February 26, 2016

Summer program requests due: Friday, May 27, 2016

Please indicate program(s) needed for each grade. We want to work with your schedules. Please attach a list of possible dates and times programs may take place.

Program Title	Grade(s)	Length	Grade(s)	Number of Sessions Requested	Students per Session	Spring Jan-May	Summer June - Aug
<b>Healthy Heart</b>	K	30 minutes					
<b>Healthy Heart – Exercise</b>	Grade 1	30 minutes					
<b>Healthy Heart – Nutrition</b>	Grade 2	35 minutes					
<b>Healthy Lifestyle</b>	Grades 3-12	45 minutes					
<b>Home Alone</b>	Grade 3	30 minutes					
<b>Pedestrian / Wheel Safety</b>	Grades K-3	30 minutes					
<b>Poison Safety</b>	Grades K-2	30 minutes					
<b>Personal Hygiene</b> <i>Available mid-March</i>	Grades 4-12	45 minutes					
<b>Puberty/Growth &amp; Development</b> <i>Available mid-March</i>	Grades 4-12	45 minutes					
<b>HIV/AIDS/Immune System</b> <i>Available mid-March</i>	Grades 5-12	45 minutes					
<b>Relationships: Keeping It Positive</b> <i>Available mid-March</i>	Grades 5-12	45 minutes					
<b>Stress Management</b> <i>Available mid-March</i>	Grades 5-12	45 minutes					
<b>The TRUTH about Alcohol, Tobacco and other Drugs (ATOD)</b>	Grades 5-12	45 minutes					